

# COSMOPOLITAN

March 2014

## Book it

Rooms at Jakes (Jakeshotel.com) start from £58 per night. Rooms at Half Moon Rose Hall (Halfmoon.rockresorts.com) start from £170 per night. Rooms at Tensing Pen (Tensingpen.com) start from £97 per night. Virgin Atlantic (Virgin-atlantic.com) flies twice-weekly from London to Montego Bay from £723pp. For more info on the island, go to Visitjamaica.com.

scarily high rocks (if you dare!).

### Don't leave without...

Going to Rocklands Bird Sanctuary, where hummingbirds will land on your hand. Amazing.

## JAMAICA IF YOU WANT...

- ★ Sunshine and golden sand
- ★ Rum punch and reggae
- ★ Nature and nightlife

### You'll love...

The laid-back party vibe. This Caribbean island has some of our favourite bars in the world, including the Pelican Bar – a tiny drinking hut made of mangrove sticks on a sandbar a mile out to sea from Treasure Beach. Owner and fisherman Floyd will catch fish and fry it for you while you sip chilled Red Stripe beers and chat with your feet

dangling in the water. There's no electricity, so when the sun sets it's time to return – reluctantly – to shore. Will Smith loved it, and so will you. The beaches are worth the eight-hour flight alone. Jamaica's got some of the world's best, including Negril's seven miles of soft white sand. And there's a lot of culture too, like a trip to Rose Hall in Montego Bay – a

mansion once occupied by Annie Palmer, a white witch who allegedly killed three of her lovers there. Visitors claim they've captured her in photos (we found a white

## Pack it



**A WHITE BIKINI** Ian Fleming wrote his Bond novels in Jamaica, which inspired that iconic beach scene in *Dr No*.



**IBUPROFEN** The rum punch flows from AM to PM, so take your head's best friend to beat headaches.



**SUNCREAM** It's hot, hot, hot here all year round, and you definitely don't want to worry about sunburn.

blob on our pics too, but we think it might just have been the flash).

### Stay at...

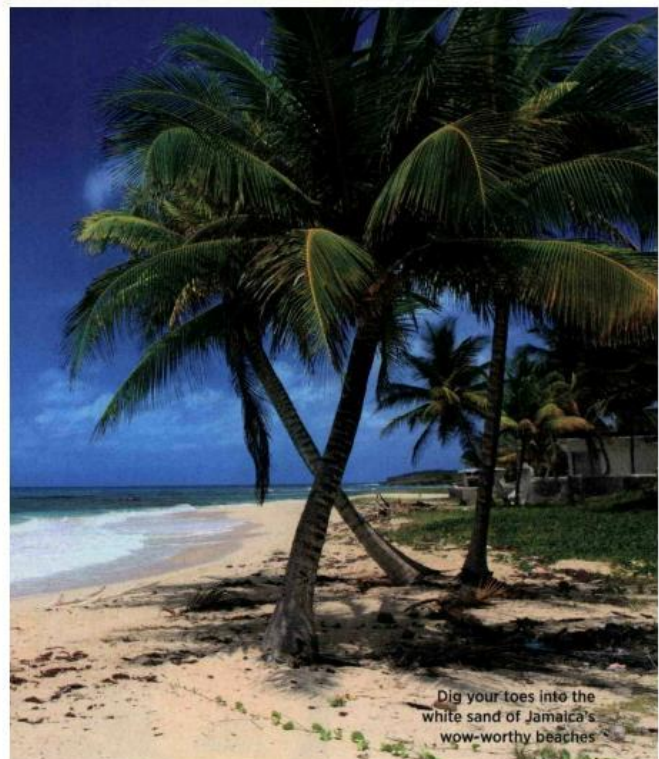
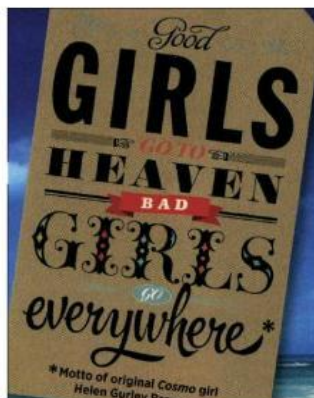
Jakes in remote Treasure Beach, where cottages come in rainbow colours. If you can, book Cottage Octopussy 1, which is painted the colour of the Caribbean Sea, with a roof terrace and alfresco bathroom. There's also a pool, tiny bar, a Caribbean café where locals hang out, a strip of sand and

the Driftwood Spa. If you want more party action, cliff-top boutique retreat Tensing Pen is in the heart of Negril, close to all the bars. Or for resort living, try Half Moon Rose Hall in Montego Bay, which has gardens so large there are complimentary bikes to get around them.

### Facebrag about...

Cliff-jumping at Rick's Cafe. Plunge into the Caribbean from some

The beautiful Half Moon Rose Hall



Dig your toes into the white sand of Jamaica's wow-worthy beaches