







12 | THE ESCAPEE:

JOSEPHINE ABOTSIGAH,

20, office manager

My commute is nightmarish: I live in the Bronx, my job is on 14th Street, and my internship with a cardiologist is in Brooklyn. I want serenity. In Jamaica, things are natural, and people's attitudes don't seem forced. I want to take things slowly for once, have a relaxed pace, enjoy the Jamaican food like oxtails that are to die for, rice and beans, fresh tropical fruit. I'd want to do water sports, try basket-weaving, painting, carving wood."

THE ESCAPE Jamaica Bypass the resort compounds and head to **Treasure Beach**, a string of sleepy fishing villages along the island's south-

ern coast. Get your oxtail fix at Oliver's Dutch Pot, which has a rotating menu that includes curried goat and jerk pork, or feast on baked crabs—best with a cold ginger beer—at Sister Lou's River Stop. Stroll the tiny shops of Little **Bay**, about an hour's drive away, where artisans make and sell traditional wood carvings, ceramics, and baskets; you can have hands-on demonstrations or buy ready-made pieces. Book the terraced Abalone Upstairs room at **Jake's**

(from \$195; jakeshotel.com), a congregation of shacks and cottages. The resort can set you up with free snorkels.

Pelican Bar, near Jake's hotel.



66 I'd like to go to Buenos Aires with my wife, Deborah, who just got knee-replacement surgery. We'd love to go to a tango bar, walk the streets, go to museums, to nice restaurants. I hear the shopping is good, too. Deb can shop till she drops—that's probably why she needs new knees."

ESCAPE Buenos Aires The Cochabamba 444 in San Telmo is where the city's best tango dancers go on Friday nights. Shopping? Conveniently, this neighborhood has a great, sprawl-

ing Sunday antiques market, centered around Plaza

Dorrego. After a morning of browsing, take a long lunch at La Brigada, a traditional parilla where the steaks are so tender the waiters use spoons to cut the meat. Avoid the high-end international stores in the ritzy Recoleta district, and browse Palermo Viejo for handmade Argentine leather products like local label Sibyl Vane's jewel-toned ballet flats. Stay nearby at the BoBo, a twenties mansion turned seven-room bou-

tique hotel (from \$165; bobohotel.com).

A tango in Buenos Aires.



THE ESCAPEE: DAVID ROTHSCHILD, 65, oral surgeon